

Name:

Date:

## Empathy Map (Four Categories)

What do they **SAY** and **DO**?

The words they use, how they act, their movements, and what you see them doing

What do they **THINK** and **FEEL**?

What's going on in their mind, their feelings, what they believe, and what matters to them



What do they **SEE**?

What they notice about the world around them, such as what they see others doing and how they see others getting along with each other

What do they **HEAR**?

Things people tell them, what they learn from others, and the information they receive

Name:

Date:

## Empathy Map (Six Categories)

What do they **SAY** and **DO**?

The words they use, how they act, their movements, and what you see them doing

What do they **THINK** and **FEEL**?

What's going on in their mind, their feelings, what they believe, and what matters to them

What do they **SEE**?

What they notice about the world around them, such as what they see others doing and how they see others getting along with each other

What do they **HEAR**?

Things people tell them, what they learn from others, and the information they receive



What are their **STRUGGLES**?

Things that are hard for them, problems they face, and what gets in their way

What are their **HOPES**?

What they want to achieve, what they dream about, and how they want things to be better