

Name:

Date:

# Body Biography

Who is the author?

## Eyes

What does the author "see" (in himself/herself, others, the world)?

## Head

What are the thoughts of the author?

## Spine

What are the author's beliefs and values?

## Heart

What does the author love or hate?

## Legs and Feet

On what does the author "stand" (values, principles, ideas, etc.)?

## Hands

What does the author "hold"?

