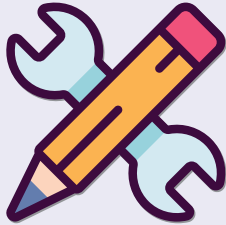


# Skills, Interests, and Motivations Inventory

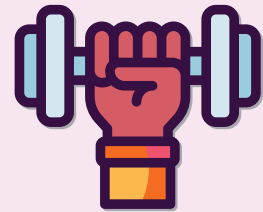
**Instructions:** In each column, list traits that describe you: skills (things you're good at doing), interests (activities you enjoy), and motivations (what drives or inspires you). Consider your activities at school, home responsibilities, hobbies, social interactions, and participation in clubs or teams.



## Skills



## Interests



## Motivations