

## My Personal Statement



**Instructions:** Use this handout to organize your key strengths, achievements, and career goals before drafting your personal statement.

## Step 1. Identify Your Strengths

List three strengths that describe you best (e.g., problem-solving, creativity, leadership):

[illegible]

## Step 2. Highlight Your Achievements

Write down two accomplishments that showcase your skills and experience (e.g., winning a competition, leading a project, volunteering):

[illegible]

## My Personal Statement

### Step 3. Define Your Career Goals

What career or field interests you, and why?

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### Step 4. Connect Your Strengths and Achievements to Your Goals

How do your strengths and experiences prepare you for your future career?

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### Step 5. Draft Your Personal Statement

Using your notes above, write a rough draft of your personal statement below. Focus on making it clear, concise, and impactful.

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