

# Peer Strength Interview and Reflection

## Part 1: Peer Interview

**Instructions:** Take turns interviewing each other. As your partner responds, record their strengths, skills, and insights. Ask at least one follow-up question for each response.

1. What are you really good at, and when do you feel most confident?

Notes on strengths and skills:

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Your follow-up question:

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2. What strengths do others notice in you?

Notes on strengths and skills:

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Your follow-up question:

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3. If you taught a class on anything, what would it be?

Notes on strengths and skills:

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Your follow-up question:

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## Part 2: Interview Analysis

**Instructions:** Based on the interview, reflect on the following questions about your partner.

1. What three key strengths stand out from your partner's responses? Consider both specific abilities and broader qualities.



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Name:

Date:

## Peer Strength Interview and Reflection

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2. What strength or quality appeared repeatedly in their answers? What patterns did you notice?

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3. What surprising insight did you gain about your partner—something they might not recognize in themselves?

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4. Summarize two or three key observations about your partner at their best.

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### Part 3: Self-Reflection

**Instructions:** Exchange papers with your partner. Using their observations about you, answer the following questions.

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1. What strength from their feedback resonates most deeply with you? Why is it meaningful?

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2. How might you apply this strength in your future career?

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