

Making SUPER Goals

★ Five Amazing Things That Make Goals Work Great! ★



SPECIFIC

Your goal should be clear and detailed! Instead of saying "I want to get better with computers," try saying "I want to learn how to make a slideshow with pictures and words about my favorite animal."



UNDERSTANDABLE

Your goal should be easy to understand! You should be able to explain it to a friend, teacher, or family member using simple words that everyone can understand.



POSSIBLE

Your goal should be something you can really do! It should challenge you to learn something new, but not be so hard that it feels impossible. Think about what you already know and what you can learn with some practice.



EXCITING

Your goal should make you feel excited to learn! It should be about something that interests you or connects to your favorite subjects in school. When you think about your goal, you should feel happy and motivated!



READY BY

Your goal needs a deadline! When will you be ready and finished? By Friday? In two weeks? Next month? Having a specific time to finish helps you stay focused and work hard every day.

★ SUPER GOAL EXAMPLE ★

"I will use drawing software to create a colorful poster with five fun facts about pandas for my science project and have it ready by Thursday."

Remember: SUPER goals help you become a SUPER learner!